



Clara Barry

LGBTQ+ and Intersex Speaker



About

Clara Barry is a founding member of **Intersex Ireland**, an advocacy organisation dedicated to supporting intersex individuals and their families, raising public awareness, and advancing equality and human rights for intersex people across Ireland.

In addition to her work with Intersex Ireland, Clara collaborates with **ShoutOut**, where she contributes to the development of educational materials and the training of volunteers. Her efforts have led to a significant increase in intersex awareness among participants — with self-reported awareness levels rising from an average of 4.5/10 before training to 7.7/10 post-training.

Over the years, Clara has designed and refined a workshop titled "**Intersex 101**", which serves as an accessible introduction to intersex issues. This workshop has been delivered to a range of audiences, including medical students, LGBTQ+ student societies across Ireland, and at Pink Training - Europe's largest LGBTQ+ conference.

Through this work, Clara has played a key role in bridging critical gaps in understanding particularly within healthcare education, and in promoting greater inclusivity and awareness across diverse sectors.

Intersex 101 Seminar

- Definition of intersex
- Brief telling of my own story/ lived experience
- Sex as compared to gender
- Why do we need to care about intersex experiences?
- Is intersex queer/ LGBT+?
- How does one ally with the intersex community?
- Key goals of intersex advocates
- Q&A